

LONG-TERM Treatment *Works*

Bridges of Iowa has helped thousands of Iowans overcome addiction and discover the joy of living healthy, productive lives.

Bridges
of Iowa Inc.



Cross the Bridge to **a Better Life!**

Don and Charlene Lamberti have devoted more than 20 years and millions of dollars to helping Iowans who struggle with addiction discover a better life. They founded Bridges of Iowa as a long-term, comprehensive program and made it possible for individuals to **RECOVER** their health; **REBUILD** their lives; **RECONNECT** with their families and **RECIPROCATE** as proud, productive members of their communities.

Meaningful, sustained recovery requires long-term effort and effective programming that starts with high-intensity residential treatment. Yet, a lack of funding prevents thousands of Iowans from getting the help they need, adversely affecting families, employers and communities. Jeff Lamberti, chairman of the board of Bridges, is working to expand public-private partnerships to make long-term SUD treatment available to more Iowans. Bridges graduates **CONTRIBUTE** valuable skills to companies such as Hy-Vee, Microsoft, Dee Zee Manufacturing, the building and construction trades and many more. As they return to the workplace and reconnect with their families, **THESE INDIVIDUALS GENERATE SAVINGS TO THE STATE** by lowering costs of public safety, corrections, judicial system and social services.

HIGH INTENSITY CARE

High-intensity, residential substance use disorder treatment with group and individual therapy. Each day includes physical exercise and opportunities for spiritual growth and personal enrichment.

ACCOUNTABILITY

During the “back to work” phase, clients incorporate employment, volunteering and other activities with low-intensity therapy. Clients gain freedom as they accept more responsibility and accountability for their past and future.

EMPLOYED AND PRODUCTIVE

Clients are fully employed (usually with benefits,) paying their own way while living in safe, approved housing. They learn financial literacy and how to save money, while moving toward independent living, reconciliation with family and graduation.